
















Summer menu- Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereals, Cornflakes, Milk, Wholemeal toast with Cheese, Vegemite, Jam diary free options	Cereals, Cornflakes, Wheatbix, Milk & Wholemeal toast with Cheese, Vegemite, Jam, diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options
MORNING TEA	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter
LUNCH Babies – Pureed seasonal vegetables (Alternative protein for vegetarians)	Moroccan Lamb Served with Steamed rice 	Spinach and cheese pastry 	Ceylonese style fish & mixed vegetable served with steamed rice 	Chicken and Vegetable noodle soup 	Pasta Bolognese 
AFTERNOON TEA	Home made banana bread	Rice and seasonal fruit pudding	Dip with pita crisps and vegetables	Cheese & vegetable sandwiches	Yogurt served with fresh fruits
LATE AFTERNOON TEA	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese & vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite






Summer menu- Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereals, Cornflakes, Milk, Wholemeal toast with Cheese, Vegemite, Jam diary free options	Cereals, Cornflakes, Wheatbix, Milk & Wholemeal toast with Cheese, Vegemite, Jam, diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options
MORNING TEA	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter
LUNCH Babies – Pureed seasonal vegetables (Alternative protein for vegetarians)	Beef and vegetable pita pockets 	Chicken and vegetable fried rice 	Home made pizza 	Butter chicken served with steamed rice 	Baked fish with Italian Style vegetable and risoni pasta 
AFTERNOON TEA	Strawberry and pink apple cobbler	Yogurt with muesli and fruits	Homemade peach slab	Rice crackers served with fresh vegetable platter	Cheese & vegetable sandwiches
LATE AFTERNOON TEA	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese & vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite

Summer menu- Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereals, Cornflakes, Milk, Wholemeal toast with Cheese, Vegemite, Jam diary free options	Cereals, Cornflakes, Wheatbix, Milk & Wholemeal toast with Cheese, Vegemite, Jam, diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options
MORNING TEA	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter
LUNCH Babies – Pureed seasonal vegetables (Alternative protein for vegetarians)	Pasta Bolognese 	Chinese style Lamb and vegetable stir fried rice 	Vegetable pastries 	Thai chicken and vegetable curry served with steamed rice 	Beef Lasagna 
AFTERNOON TEA	Home made pear and peach loaf	Cheese & vegetable sandwiches	Yogurt with muesli and fruits	Berry pan cakes	Fruit and vegetable platter served with dip and crackers
LATE AFTERNOON TEA	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese & vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite	An assortment of Fresh fruit, vegetables, Rice/corn crackers with Cheese and vegemite

Summer menu- Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereals, Cornflakes, Milk, Wholemeal toast with Cheese, Vegemite, Jam diary free options	Cereals, Cornflakes, Wheatbix, Milk & Wholemeal toast with Cheese, Vegemite, Jam, diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options	Cereals, Cornflakes, Wheatbix, Milk and Wholemeal toast with Cheese, Vegemite, Jam - diary free options
MORNING TEA	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter	Fresh Seasonal fruit platter
LUNCH Babies – Pureed seasonal vegetables (Alternative protein for vegetarians)	Ceylonese style fish and vegetable served with steamed rice 	Chicken and vegetable pita sandwiches 	Thai beef and vegetable with stir fried noodles 	Middle Eastern Zatar chicken with brown rice 	Lentil and vegetable soup served with croutons 
AFTERNOON TEA	Home made banana bread	Yogurt served with muesli and fresh fruits	Homemade pineapple pancake	Assorted sandwiched with seasonal vegetable platter	Cheesymite English muffins
LATE AFTERNOON	An assortment of Fresh fruit, vegetables, Rice/corn crackers	An assortment of Fresh fruit, vegetables, Rice/corn	An assortment of Fresh fruit, vegetables, Rice/corn crackers	An assortment of Fresh fruit, vegetables, Rice/corn crackers	An assortment of Fresh fruit, vegetables, Rice/corn crackers